## ARLINGTON CENTRAL SCHOOL DISTRICT ARLINGTON HIGH SCHOOL

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## Executive Principal Dr. Paul M. Fanuele

Class of 2020

Mr. John Timm, Acting House Principal

Mr. Christopher Quaranto, Acting Assistant Principal

Class of 2021

Dr. Richard Carroll, House Principal Mr. Brian Hogaboom, Assistant Principal Class of 2022

Mr. Todd Richard, House Principal Mr. Juan Zucchero, Assistant Principal

Class of 2023

Mrs. Lynn LeFevre, House Principal Ms. Jeanne Desire, Associate Principal

September 2019

Dear Arlington Families,

This summer there has been an increased amount of press given to the problem of e-cigarette use, otherwise known as vaping, by young people across the country. The Center for Disease Control (CDC), the Food and Drug Administration (FDA), state and local health departments, as well as other clinical and public health partners are investigating a multi-state outbreak of lung disease associated with e-cigarette use. We are always interested in partnering with parents in fostering a healthy lifestyle for our students. Accordingly, the intent of this communication is to provide parents and guardians with the latest information and resources available about this growing problem so that we can work together to starve off the threat to public health that e-cigarettes have become.

Arlington High School has taken proactive measures to address this problem by educating the staff and students both individually and through curriculum about the dangers of vaping. This past spring our faculty was informed of ways to identify vaping materials as well as signs and symptoms to look for. The Health Education curriculum educates students about vaping and tobacco industry tactics that lure adolescents into nicotine addiction. Students develop the skills to analyze media, advertising and peer-to-peer influence to avoid health risks. In addition, students learn of the harmful chemicals and risk of poisoning from vaping.

The Arlington High School video production team, *AHS Studios*, developed an anti-vaping message that was aired school wide. You can find a link to this video as well as articles and downloadable infographics on the Arlington High School website. We are continually aiming to improve our methods of awareness around vaping. We encourage you to have conversations with your student(s) about this topic.

As we learn more, we will certainly share that information.

Thank you,

Paul Fanuele, Ed.D. Executive Principal

Quick Facts on the Risks of E-cigarettes for Kids, Teens and Young Adults (CDC)